

Adams County Aging Network

Lighting the Way to Positive Aging in Adams County



ACAN Newsletter

303-818-7232

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www.acanadamscounty.org



ACAN Membership Meeting

Wednesday, July 1, 2026 @ 9:00 a.m.

Thornton Community Connections Center

9471 Dorothy Blvd., Thornton, CO

Presentation by

Josh Caucutt

Planning for Late Retirement

This presentation will focus on planning for retirement, with an emphasis on late retirement. The talk will concentrate on late retirement and how your assets should be arranged to pay for care or a care home should that be needed. Josh will also discuss talking through this stage of life with loved ones and some additional information about organizing one's estate.

Important Input Needed from Older Adults

As the designated Area Agency on Aging (also known as AAA), DRCOG receives federal and state funding to provide services to help older adults and their caregivers age in their homes and communities. Area agencies on aging are required to develop a plan for delivering services over the course of a four-year period and public input is critical to help guide how the AAA plans to deliver those services.

DRCOG invites older adults and professionals in the aging sector in the DRCOG region to visit <http://engage.drcog.org/aging> for surveys to rate AAA services and share your thoughts about the needs and challenges facing older adults in your communities.

Tuesday, July 22 at 1:30 p.m.

PLEASE JOIN US for a webinar for professionals in the aging sector.

We invite professionals who serve older adults in the DRCOG region to join us for a key informants session to share your thoughts about the needs and challenges facing older adults you serve.

[Zoom link](#)

Meeting ID: 882 6774 9999

Passcode: 051826

[Join instructions](#)

We have also attached a copy of the survey.

Key Informant Questionnaire

Adams County Aging Network Meeting
Thornton Community Connections Center
June 3, 2026

Attendance: 31

Diana Morefield, ACAN Chair called the meeting to order at 9:03 a.m. Deb Hickel sent a survey sheet around for Adams County needs to be presented to DRCOG and made an announcement about the upcoming ACCOA meeting in Byers later this month.

Presentation by Jeff Altlaus

The 4 Estate Planning Documents You Should Have
“You Only Die Once”

Jeff’s presentation included questions for the attendees and if answered correctly, the award was one of Jeff’s books, “You Only Die Once!” Estate planning is a set of documents to help you prepare for the future because they leave legacy, stop fights and YOU decide how things go rather than the state.



The 4 documents that everyone should have are a Will, Medical Power of Attorney, Financial Power of Attorney and a Living Will. Trusts were also discussed. Jeff gave the definitions of a will and what it provides. The common misconception is that if there is a will, one won’t have to go to probate. If one doesn’t have the proper papers in order, probate can be time consuming and costly. There are ways to avoid probate by having beneficiary deeds, a trust, and joint ownership. Trusts create an entity to own property and avoid probate. The 3 reasons why a person might want a trust are owning property outside of Colorado, minor children and complex family situations including special needs. Power of Attorney and Living Wills were also discussed. It is important to have all of these documents even at an early age. DO NOT WAIT! You don’t know what tomorrow brings! Contact: AlthausLaw.com/720-340-2783

The meeting was adjourned at 10:05 a.m.

Monthly Meeting Door Prize Winner

At every monthly meet ACAN holds a drawing for joining us. So, in addition to meeting lots of great people and learning about an aging issue or service you may go home with something unexpected and special!

Congratulations to Ruth Hendershot who won this month's door prize. This was Ruth's first ACAN meeting and we welcome her participation.



ACAN UPCOMING EVENTS 2025

All Meeting are held at 9:00 a.m. at the Thornton Community Connections Center, 9471 Dorothy Blvd., Thornton, CO.

July1 - BOARD MEETING TO FOLLOW REGULAR MEETING

August 5 - ACAN Meeting-Pam Kidd, Nuclear Care Partners/Veterans

September 2 - Adams County Human Services

ACAN MEMBERSHIP

ACAN Membership is an annual membership. For further information or to join today click the email below.

Individual membership:

Monthly educational presentations, exposure to resources for seniors, monthly newsletter, and advanced notice of the ACAN Senior Conference.

Business membership:

Includes all of the above plus opportunity for **advertising in the monthly newsletter**, discount on ACAN Senior Conference exhibitor fee of 10%, list of members on the website, and contact information for all business members. Please contact the ACAN coordinator for more information on the advertising opportunity.

Annual dues are:

Individual over 60	FREE
Individual membership, under 60	\$20
Nonprofit agency	\$35
For profit business	\$65

We request that members pay dues, but do not restrict our meetings or mailings to dues-paying members. Advertising is restricted to dues-paying members. Make checks payable to ACAN and mail to the newsletter return address or email acancoordinator@gmail.com.

ACAN Board of Directors

All Meeting are held at 9:00 a.m. at the Thornton Community Connections Center, 9471 Dorothy Blvd., Thornton, CO.

Diana Morefield, Chair

Deb Hickel

Barbara Boyer, Chair-Elect

Richard Libhart

Greg Kahler, Treasurer

Cathy Millet

Bonnie Ashton, Secretary

Debbie Pownall

Todd Glasser

Debbie Watson

Derrick Williams

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